

# Report on the farmer hand touch practical training in Switzerland

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To  
The Chairman  
Bhutan Swiss Friendship association  
Switzerland

This is my first trip abroad. On the 30th of June we left Bhutan and reach Delhi. We got half day rest at Delhi and stayed in Bhutan Embassy. At 1:35 am we fly from Delhi and arrived in Zurich Switzerland at 7am on the 1st of July. At Zurich airport we were received by Mr. Ernst Reinhardt, Mr. Erich Oberholzer, Mr Mathias Zehnder and Deki Yangzom. We were welcome by Swiss coffee. They made 1/2 price card for travelling ticket for us and we depart from airport.

I came with Mr. Mathias who is my host family to his house at Windisch, Brugg. At his house I meet with his wife and children. I was very happy on the first day itself I got the chance to see the festival at Windsch. Next day 2nd of July we had meeting with Bhutan-Swiss Society member at family Zaugg place in Uster. First Swiss introduction and then we discuss about our living in Switzerland. My working place was at Muri. On the 5th of July I came to Muri Moos with Mathias and he introduced about and I got my room and start working in the field.

During my three months working at Muri Moos I have seen many different kind of farming machinery which are used in the farm. I have learnt some of it which are used by tractor and some hand work also as follows:

- To harvest potatoes by machine using tractor
- How to do potatoes grading by machine
- To produce seed potatoes
- To spreading liquid manure to grass fields by tractor
- To make grass silage and maize silage
- To cut grass by hand and also by machine

Not only working in the farm sometimes especially on weekend we used to go for sightseeing in other parts of Switzerland. The places I had been are:

- Alps Findels Vättis, where the farmers use to keep their mother cows and we also visited one Alp cheese processing unit.
  - Hiking to Sardona Alp, on that mountain we saw many kinds of flowers and also some medicinal plants.
  - At Zurich we visited the Zoo. And I have also seen the Street Parade, unbelievable function nearly one million people gathered.
  - Luzern - we walked through the old town and the wooden bridge. We took a ship ride and also visited the train museum.
  - On the 17th of August it was staff day at Muri Moos and we went on tour to the Central Alps of Furka pass and Grimsel pass in the bus, we were 45 people.
  - Tour to Basel, there I saw the meeting point of three countries - France, Germany and Switzerland.
  - Tour around Winterthur organised by Mr. Oberholzer, he took us through the forest and explained the different types of forest in Switzerland, then we also visited the Technorama museum.
  - Tour to Bern with Mathias
  - Went to see Saturday vegetable market at Baden
  - Went to Sieben Br'fcnner mountain
- >From my sightseeing I learnt like:
- How to develop forest
  - Not practically but theoretically I learnt to process Swiss cheese
  - Know the cultural and custom of the Swiss
  - confident to travel alone in the train

So this programme was very interesting and good for me as I learnt many new things which can help me when I reach back to Bhutan.

Lastly I would like to thank Bhutan-Swiss Friendship Association for giving me this opportunity to come to Switzerland to learn. And to my host family Mr. Mathias Zehnder, Karin Zehnder, Mr. Veli and Kathi and also Mr. Raphael Schwitter and Annemarie for all their support and kindness.

Thank to Muri Moos for giving the work.

Tashi Delek  
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